



## County Heritage

For more information on our county heritage... Please visit: www.longford.ie

St. Mel's Cathedral-Longford 19th Century cathedral church of the Diocese of Ardagh & Clonmacnoise-dedicated to Saint Mél (died 488). Destroyed by a fire in 2009, the restored cathedral re-opened in December 2014.

### **Táin Trail**-Clondra to Granard

Longford section of the 365 mile cattle raid trail of Queen Maeve-from Rathcroghan, Co. Roscommon to the Cooley Peninsula in Louth.

### **Drumlish Mill**

200-year-old corn mill was powered by a stream from Corn Hill. No longer in use, it has been preserved as an example of local building skill.

**Ballinamuck Visitor Centre** Built in 1846, this former RIC barracks houses an exhibition detailing the famous Battle of Ballinamuck against the British in 1798.

### Portal Tombs/Dolmens

The Aughnacliffe Dolmen is one of four tombs in the county, along with nearby Cleenrath, Birrinagh (Moyne) and Melkagh (Drumlish).

# Knights & Conquests-Granard

Visitor Centre situated beside Ireland's tallest Granard has strong ties to Michael Collins.

Gen. Séan MacEoin-Ballinalee The Blacksmith's Forge preserves the memory of Longford's most celebrated military hero of the Irish War of Independence.

Maria Edgeworth-Edgeworthstown The town is named after the Georgian feminist and writer of 'Castle Rackrent'. For an insight into her life visit the Maria Edgeworth Centre and Edgeworth Heritage & Literary Trail.

### Ardagh Heritage Village

Features Ardagh House built in the 1700s. Ardagh Heritage & Creativity Centre is home to Creative Ardagh facilitating workshops and showcasing local history, myths and legends.

Corlea Trackway-Keenagh The Visitor Centre interprets the significance of an Iron Age bog road dated to the year 148BC, the largest prehistoric road found in Europe.

### **Monastic Sites**

St. Diarmuid's on Inchcleraun, Lough Ree and St. Columba's on Inchmore, Lough Gowna both date from the 6th century. There are early medieval sites dotted across the county-Saint's Norman Motte at 544 feet high, buit in 1199 by Island, Rathcline Church (Lanesboro), Ardagh, Richard de Tuite. The birth place of Kitty Kiernan, Abbeyshrule, Abbeylara, Abbeyderg, Ballinakill (Killashee) and Old Clonbronev near Ballinalee.



Royal Canal Greenway

Longford Branch: 8km • Duration: 7hr total.

Clondra-Abbeyshrule: Multi-access canal-side walk,

traffic-free, ideal for run or family outing. **Distance:** 35km;

2 Longford Town Walking Trail

Longford Town: Multi-access town walk, highlighting

history and heritage. Distance: 2km • Duration: 20min.

Mall Walk-Albert Reynolds Peace Park

4 Barraghbeg/O'Higgins Heritage Trail

**Drumlish:** Moderate walk passing through farmland

**Dernacross: Moderate** hill walk, short but steep and

Longford Town: Multi-access Slí na Sláinte park

looped trail on gravel paths, with 2 playgrounds.

**Distance:** 2.6km • **Duration:** 30min approx.

which might be wet in winter months.

**Distance:** 4.3km • **Duration:** 50mins to 1hr.

5 Corn Hill Walking Trail

**★ Ongford Rebel Trail** 

the trail at any of towns located on the trail.

**Distance:** 71km • **Duration:** 70mins non-stop.

Identifying the important locations of rebellions from

the Normans to the War of Independence. You can join

Walking Trails

These amenity walks showcase the diversity of the landscape-hill, bog, lake and woodland. Surfaces vary. All have parking available.

1 Leebeen Park &

9 Brí Leith Walk

rough in places with spectacular panoramic views.

Aughnacliffe Waterfall Trails

Aughnacliffe: Multi-access short looped park walk

and riverside walk leading to Pulliness waterfall.

**Distance:** 1.5km & 1.4km • **Duration:** 15 to 30min.

1 Derrycassin Woodland Trail

beautiful lake views and choice of 3 routes.

**Dring: Easy/Moderate** looped woodland walk with

**Distance:** 1.25km-3km • **Duration:** 30min to 1hr.

Ardagh: Moderate hill walk on a resurfaced old

Longford Literary Trail

(1881-1972) and John Keegan Casey (1846-1870).

**Distance:** 73km • **Duration:** 80mins non-stop.

Celebrating Longford's literary roots: Oliver Goldsmith

(1728-1774), Maria Edgeworth (1767-1849), Padraic Colum

**Distance:** 2.3km out & back • **Duration:** 30min to 1hr.



This icon beside a trail heading indicates that there is an Audio Guide available on longford.ie

walkway, associated with the legend of Midir & Etain.

Parking limited. Distance: 4.5km • Duration: 1hr approx.

### 6 Edenmore Bog Walk 10 Newcastle Woodland Trail Ballinamuck: Moderate in wet weather, looped Near Ballymahon: Easy and accessible woodland natural bogland walk. Parking available. walk, choice of 4 routes, ideal for family outing. **Distance:** 4.5km • **Duration:** 50mins to 1hr.

11 Corlea Bog Amenity Walk Corlea Centre: Easy choice of well-surfaced bog walks with close to Corlea Trackway Visitor Centre. Distance: 2.5km-4.6km · Duration: 30min to 1hr.

Distance: 1.2km-5.6km · Duration: 15min to 2hr.

12 Commons Woodland Trail Lanesborough: Easy/Moderate looped woodland walk, paths are narrow in parts and not all surfaced. **Distance:** 4km • **Duration:** 40min to 1hr.

13 Derryaroge Bog Walk Lanesborough: Easy well-surfaced bog walk. **Distance:** 5km out and back • **Duration:** 1hr approx.

# A Driving Trails

Explore the country through three themed driveswhich offer a glimpse of its ancient, early Christian, military and literary heritage.



This icon beside a trail heading indicates that there is an Audio Guide available on longford.ie

### Mid Shannon Trail

Explore the south of the county, taking in the Royal Canal, the Shannon and beautiful views of Lough Ree from Saints' Island and Barley Harbour, and visit Corlea Trackway. **Distance:** 98km • **Duration:** 110mins non-stop.

**National Trails Office** Walking Trail Classification

Multi-access: Flat smooth trails, suitable for all users including those with reduced mobility, wheelchairs, vision impairment, using crutches, with a buggy, with small children and older people. Normal outdoor footwear suitable.

**Easy:** Generally flat trails with a smooth surface and some gentle slopes or shallow steps. Suitable for family groups including children and the elderly. Normal outdoor footwear suitable.

**Moderate:** Trails with some climbs and some uneven surface where the going is rough underfoot or obstacles such as protruding roots, rocks etc. Appropriate for a moderate level of fitness and some walking experience. Specific outdoor footwear and clothing recommended.

**Strenuous:** Physically demanding trails, with some sections having steep climbs for long periods and the going underfoot can be extremely rough including many obstacles. Suitable for users accustomed to walking on rough ground and with a high level of fitness. Specific walking footwear and clothing required.

Very Difficult: Mainly in remote upland areas, with steep slopes, very variable and rough underfoot on indistinct trails. Use of a map and navigational skills will be required. Suitable for experienced, fit and competent mountain walkers. Specific walking footwear and clothing required.





**Longford**Tourism

**Long ford** Tourism

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Email: tourism@longfordcoco.ie • Visit: www.longford.ie

Longford has easy access to four international airports – Knock, Dublin, Shannon and Belfast. County Longford also has a local airfield at Abbeyshrule. stopping at Edgeworthstown and Longford Town. Up to 12 trains travel daily, taking 1hr 50min to Dublin Connolly and 1hr 20mins to Sligo (MacDiarmada).

Longford—Athlone service with connections in Athlone to Limerick, Cork and Galway, For more info contact: Longford Station: +353 (0)43 3345208

By Rail: Irish Rail

thlone – N55 R397, N63.

The **Dublin-Sligo** train passes through County Longford,

The Expressway services of Ballina-Dublin and Sligo-Dublin By Bus: Bus Éireann pass through Longford Town (direct to airport and city). There is also a

County Longford is located in Ireland's Hidden Heartlands. Longford Town is located on the N4 Dublin to Sligo route and at the point where the N4 and the Knock (ireland West Airport) – N17, N5....!

Dublin Airport – M50, M4, N4 .....1:

Shannon Airport – M18, M6, N55....18 West and to the North of Ireland. 3alway – M6, N55 R397, N63 ... N5 converge, making it an important axis for traffic travelling from East to Longford .183km ..127km .185km





Explore and enjoy County Longford